

Los Angeles River Center & Gardens 570 West Avenue Twenty-Six, Suite 100 Los Angeles, California 90065

## The Los Angeles River Recreation Zone Opens its Sixth Season on Memorial Day

The public is welcome to kayak, walk, and fish on two sections of the river managed by the Mountains Recreation and Conservation Authority in Elysian Valley and at the Sepulveda Basin in Encino.

LOS ANGELES (May 24, 2018) — The Mountains Recreation and Conservation Authority (MRCA) announced today that the Los Angeles River Recreation Zones in Elysian Valley and the Sepulveda Basin will open for their sixth season on Memorial Day, May 28, 2018.

The L.A. River Recreation Zones provide access to recreate on and explore the Los Angeles River in two different parts of the river that are still in a natural state with activities including steerable boating such as kayaking and canoeing, fishing and bird watching. The River Recreation Zones are managed by the MRCA in coordination with the City of Los Angeles and Councilmember Mitch O'Farrell, the Army Corps of Engineers, and the County of Los Angeles. Hours are sunrise to sunset, except during and after inclement weather or other adverse conditions. The Recreation Zones will be open through September 30, 2018.

"We are looking forward to another great season," said MRCA Chief Ranger, Fernando Gomez. "We urge everyone to check out the website <a href="www.lariverrecreation.org">www.lariverrecreation.org</a> to find out about river conditions, weather, and closure information. You can also learn about how to access the river, and outfitters who provide guided tours or rent kayaks."

The Sepulveda Basin Recreation Zone is a gentle, two-mile up river and back trip with braided channels, wildlife, and tranquil pools. Of the two Recreation Zones, the Sepulveda Basin offers easy paddling, and less natural obstacles.

Kayakers in the Sepulveda Basin will be able to access the Los Angeles River from Burbank Boulevard west of Woodley Avenue. There is plenty of street parking on Woodley Avenue.

The Elysian Valley kayak experience is a five-mile, one-way trip with braided channels and abundant wildlife in the middle of the city. The kayak experience will include strong currents and a few rapids – you may fall out of your kayak while traveling through them.

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Boulders and other obstacles are also part of the experience. Be aware that you will likely be getting off your kayak and pulling it through the water to get around rocks in areas.

To access the Elysian Valley Recreation Zone, Kayakers can enter the Los Angeles River from MRCA Rattlesnake Park at Fletcher Drive. Parking is available on Fletcher Drive. Access is also available upstream from MRCA Lewis MacAdams Riverfront Park (formerly Marsh Park) whose parking lot entrances are at 2999 Rosanna St. and 2944 Gleneden Street. Public Restrooms are available.

"Everyone needs to remember to take safety precautions when going out on the river," said Gomez. "You must wear a Personal Flotation Device (PFD). Use sunscreen and drink plenty of water."

In addition to managing the Recreation Zones, the MRCA will continue its tradition of working with local nonprofits such as Community Nature Connection, Mujeres de la Tierra, Anahuak Youth, and Los Angeles Conservation Corps to provide free trips to underserved youth and adults for special programs throughout the summer.

The Mountains Recreation and Conservation Authority is a local public park agency dedicated to the preservation and management of open space, urban parkland, watershed lands, trails, and wildlife habitat. The MRCA manages more than 75,000 acres of public parkland and provides natural resources and scientific expertise, critical regional planning services, operations, fire prevention and ranger services, as well as education and leadership programs for thousands of youth each year. It is one of the lead agencies revitalizing the Los Angeles River.

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